

Monday**COFFEE, QUIZ & BINGO**Weekly, 10.45am - 12:15pm, HALE Office
01274 271088**MEN TOGETHER**Weekly, 1pm - 2:30pm, HALE Office
JAMES 07946 155347**Tuesday****THORNTON VIADUCT WALK**Weekly, 1pm - 3pm, Meet at Thornton Primary School
JAMES 07946 155347**Wednesday****WELLBEING WEDNESDAYS**Weekly, 10am - 12pm, HALE Office
JAMES 07946 155347**SHIPLEY HEALTH WALK**Weekly, 1pm - 3pm, Meet at Noble Comb, Shipley
JAMES 07946 155347**Thursday****COFFEE, QUIZ & BINGO**Weekly, 10.45am - 12:15pm, HALE Office
01274 271088**MINDFUL LENS
PHOTOGRAPHY GROUP**Weekly, 1pm - 3pm, HALE Office
KHALIL 07946 154410**Friday****FRIDAY FRIENDS - MEN**Weekly, 10:30am - 12:30pm, HALE Office
KHALIL 07946 154410 or JAMES 07946 155347**FRIDAY FRIENDS - LADIES**Weekly, 1pm - 3pm, HALE Office
REBECCA 07840 099498