

# WHAT'S ON GUIDE

SOME OF OUR GROUPS CHARGE A SMALL FEE.  
PLEASE CALL THE STAFF MEMBER RUNNING THE GROUP FOR MORE INFORMATION.

## Monday

**COFFEE, QUIZ & BINGO**

Weekly, 10.45am - 12:15pm, HALE Office  
01274 271088

**MEN TOGETHER**

Weekly, 1pm - 2:30pm, HALE Office  
JAMES 07946 155347

**BOOK CLUB**

2nd Monday of Month, 1pm, Shipley Indoor Market  
01274 271088

## Tuesday

**MEN'S SHED  
(SALTAIRE/SHIPLEY)**

Weekly, 10am - 12pm, Northcliffe Park Allotments  
JAMES 07946 155347

**THORNTON VIADUCT WALK**

Weekly, 1pm - 3pm, Meet at Thornton Primary School  
JAMES 07946 155347

## Wednesday

**LADIES' SHED  
(SALTAIRE/SHIPLEY)**

Weekly, 10am - 12pm, Northcliffe Park Allotments  
JAMES 07946 155347

**SHIPLEY HEALTH WALK**

Weekly, 1pm - 3pm, Meet at Noble Comb, Shipley  
JAMES 07946 155347

## Thursday

**COFFEE, QUIZ & BINGO**

Weekly, 10.45am - 12:15pm, HALE Office  
01274 271088

**MEN'S SHED  
(BAILDON )**

Weekly, 10am - 12pm, Bracken Hall Countryside Centre  
01274 271088

**MINDFUL LENS  
PHOTOGRAPHY GROUP**

Weekly, 1pm - 3pm, HALE Office  
KHALIL 07946 154410

## Friday

**FRIDAY FRIENDS - MEN**

Weekly, 10:30am - 12:30pm, HALE Office  
KHALIL 07946 154410 or JAMES 07946 155347

**FRIDAY FRIENDS - LADIES**

Weekly, 1pm - 3pm, HALE Office  
REBECCA 07840 099498

