

# **SPECIALIST BEFRIENDER CASE STUDY**

**Adam suffered a brain injury in his early 20s and it has left him partially sighted, he struggles to read his mail and to use his laptop without assistance.**

**Adam had benefitted from befriending visits before lockdown and had been linked into a walking group. During lockdown he had a weekly phone call which he enjoyed but he missed the face to face visits as he has no family or friends who live locally.**

**During lockdown Adam's nephew, who lives in Switzerland, had written to him and tried to contact him via Facebook. Adam hadn't seen him for over 15 years and was desperate to make contact with him. I helped Adam to get onto Facebook and speak to his nephew via video. Adam was thrilled! I helped Adam the next couple of weeks learn how to do this himself, so now he is able to message and video call his nephew any time without waiting needing me to be there. This has given Adam a lot of confidence.**

**Adam is also moving to Swansea shortly to be near his cousin and friends and I have given him some assistance by putting him in contact with a solicitor and an estate agent. Adam says,**

**"I could not have managed without Carol (the specialist befriender) and HALE and I am very appreciative of all the help I have been given by them , I appreciate it very much. "**