

| | | Address / Website | Tel number / Email | Useful Information | Specific Covid-19 information |
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| TELEPHONE SUPPORT | | | | | |
| Befriending | ReEngage | Referral via online form https://reengage.formstack.com/forms/refer_an_older_person_cc | T: 0800 716543 | 75+, living alone, in sheltered accommodation with little or no contact with family or friends, struggle to leave their house at normal time | Call companion service, 2-4 times a month. Calls last around 30 mins |
| Befriending | Sandale Community Trust | | T: 01274 270170 E: info@sandaletrust.org | | Telephone Befriending service for all ages feeling lonely, worried or fed up in isolation. |
| Befriending | Silver Line Helpline | | T: 0800 4708090 | If you're aged 55 or over you can call for a cheerful chat, day or night | |
| Befriending | BD Tea | https://bdtea.co.uk/ | | 11am and 3pm every day, pop the kettle on and have a video chat with a few other people from around the Bradford district. Free to take part. | |

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| Befriending | Bradford District Telephone Befriending Service | https://www.befriendee.bdtbs.co.uk/ | T: 01274 952200 | Covers BD1-BD13. To refer either telephone or visit the website to complete online registration form. | |
| All of Bradford | Bradford Foundation Trust | One Centre 203 Westgate BD1 3AD | T: 01274 973805 / 07955 574482 | Have an app for emergency food parcel and home delivery registration https://bftreferrals.glideapp.io/ email info@bradfordft.org for login password | Support the needs of asylum seekers, refugees & vulnerable migrants |
| All of Bradford | Age UK Bradford & District | | Call: 01274 391190 Text: 07471 227907 Email: info@ageukbd.org.uk | Mon-Fri 8:30-4:30 Sat 9:00-1:00pm Sun 10:00-1:00pm (hours are slightly amended from normal due to current crisis) | Delivering emergency food packs, emergency hygiene packs, picking up shopping, picking up prescriptions & urgent supplies, posting mail, wellbeing phone calls. |
| All of Bradford | Muslims Womens Council | Carlisle Hall, Carlisle Business Centre, 60 Carlisle Road, Bradford BD8 8BD | Helpline 07592 890099/07592 889364/ 07792 946689/07592 890129 | Monday to Friday 10am-8pm | Can deliver hot meals to anyone struggling with Covid-19 symptoms. Also signposting to relevant services, updates & advice on Coronavirus in additional languages, befriending and emotional support. |

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| BD2 3 4 5 & 10 | Karmand Centre | | T: 01274 669593 (Mon-Fri 9am to 5pm) | Independent community advice & information resource providing generalist advice on a broad range of issues such as Housing, Welfare Benefits, Consumer and Immigration Advice. Independent impartial and confidential generalist drop in service as well as Specialist Welfare Benefits and Immigration Advice. 1:1 and telephone appointments. | |
| | Womenzone | | T: 01274 665270 Mon & Fri 10am-4pm, Tue Weds Thrs 10am-3pm | Urdu & Punjabi | Offering support, information advice & up-to-date guidance on the covid-19 crisis in Urdu & Punjabi |
| | Sharing Voices | | 01274 947300 | English, Polish, Bengali, Gujrati, Urdu | Free counselling & one-to-one support (confidential service) |

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| | The Housing Options Service | https://www.bradford.gov.uk/housing/help-with-housing-and-homelessness/the-housing-options-service/ | 01274 435999 (Free phones can still be accessed from Britannia House & Keighley Town Hall) | | In response to the Coronavirus outbreak, Housing Options is operating a telephone based service for all customers, including those that have nowhere to stay on the night. To access this service, customers will need to telephone 01274 435999 where a telephone assessment will be arranged. Free phones can still be accessed from Britannia House Customer Service Centre and Keighley Town Hall. These should only be used where there is no alternative. |
| BD2 & BD10 | Holy Trinity Idle | Town Ln, Idle, Bradford BD10 8NS | 01274 431000 - Bfd Council will refer | Everyone | Meal deliveries, dog walking , prescription collection, book drops , benefits advice, friendly phone calls, posting mail/package collections , shopping |
| BD5 residents only | Parkside Sports Centre | Parkside Road, BD6 8EH | T: (Talat) - 07931608409 | For self-isolating and need support | Help with shopping, get food and other support |

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| BD8 Girlington | Our Girlington | Masjid E Umar 182 A Durham Road Bradford BD8 9HU | 07813 084334 or 07816 445568 | | Telephone advice and chat service |
| BD15 | Wilsden Parish Council | Wilsden Community Post Office | 07986 294757 | Housebound individuals/couples who are self-isolating in Wilsden, Harden & Cullingworth area | Shopping, prescription collection, telephone befriending |
| BD18 | Hall Royd Neighbourhood Mutual Aid Network | n/a | Text/WhatsApp 07849 276341 Email: hallroydmutualaid@gmail.com | Covering Birklands, Castle Road, Cross Banks, Hall Royd, Manor Lane, Selbourne Terrace, Sunny Bank, Westcliffe Road | Neighbourhood project run by residents. Shopping, pet help, cooking, prescription collection, telephone befriending service |