

		Address / Website	Tel number / Email	Useful Information	Specific Covid-19 information
LGBTQ+					
	Switchboard LGBT+ Helpline	<a href="https://switchboard.lgbt/">https://switchboard.lgbt/</a>	<b>T: 0300 330 0630 (10:00-22:00 every day)</b> <b>E: chris@switchboard.lgbt</b> <b>Online chat also available from 10:00</b> <b>Outside working hours text SWITCHBOARD to 85258 (Crisis Text Line).</b>	An information, support and referral service for lesbians, gay men and bisexual and trans people – and anyone considering issues around their sexuality and/or gender identity.	Switchboard have prepared an emotional wellbeing support pack to help with anxiety during Covid-19 pandemic. <a href="https://switchboard.lgbt/wp-content/uploads/2020/05/Emotional-Wellbeing-Support-Pack.pdf">https://switchboard.lgbt/wp-content/uploads/2020/05/Emotional-Wellbeing-Support-Pack.pdf</a>
	Yorkshire MESMAC	<a href="https://www.mesmac.co.uk/">https://www.mesmac.co.uk/</a>	<b>T: 01274 395815 E: bradford@mesmac.co.uk</b>	Free, rapid & confidential HIV testing, condoms & lubricant, consultancy, counselling, information & resources, meeting rooms & training space, outreach to the commercial gay scene, cruising areas & public toilets, support for individuals & community groups, training. Work with African & other BAME communities, gay, bi & other men who have sex with men, varying sex workers,	Now offering HIV testing again <a href="https://www.mesmac.co.uk/coronavirus">https://www.mesmac.co.uk/coronavirus</a>



**HALE**

Health Action Local Engagement  
Healthy Living Project

			LGBT+ young people, trans communities.	
Counselling	Yorkshire MESMAC	<a href="https://www.mesmac.co.uk/our-services/bradford/counselling">https://www.mesmac.co.uk/our-services/bradford/counselling</a>	<b>E (Christine Blessing):</b> <b>c.blessing@mesmac.co.uk</b>	Male & female counsellors available. 6-8 free sessions. Flexible appointments available. Self-referrals accepted. Eligibility: gay, bi, questioning men and MSM, female partners of MSM (men who have sex with other men), sex workers (any gender/sexuality), anyone living with or affected by HIV (e.g partner, family), LGBTQ+ women, any LGBTQ+ person who has been affected by the Covid situation.