

		Address / Website	Tel number / Email	Useful Information	Specific Covid-19 information
DV/ABUSE SUPPORT					
	Silent Solution - for emergency calls to the police when you are not able to speak	Call 999 then press 55 when prompted			
	Police Text Service - if you can't use a voice phone	To register text REGISTER to 999			
	Safer Bradford	https://www.saferbradford.co.uk/report-a-concern?utm_medium=email&utm_source=govdelivery	For children 01274 435600 (01274 431010 out of office hours) For adults 01274 431077 (01274 431010 out of office hours)		
Emergency Refuge & Accommodation	Staying Put	https://www.stayingput.uk.net/	0808 2800 999 Mon-Fri 9am to 5pm or for out of hours 0808 2000 247	local domestic violence charity providing emergency refuge & dispersed accommodation	
Safe spaces	Boots (Consultancy rooms)	https://uksaysnomore.org/safespaces/			Anyone can access Boots consultancy rooms for DV support and a safe space to call helplines.
Women & Children	Women's Aid	http://womensaid.staging.wpengine.com/domestic-abuse-directory/	Directory for local domestic abuse services:	Safety for women & children.	https://womensaid.staging.wpengine.com/covid-19-coronavirus-safety-advice-for-survivors/ Free rail travel for women fleeing DV https://www.womensaid.org.uk/new-rail-to-refuge-scheme-offers-free-train-travel-to-women-fleeing-domestic-abuse/
Women & Children	Refuge	https://www.nationaldahelpline.org.uk/	24 hour National Domestic Abuse Helpline 0808 2000 247	Chat online, live: Monday to Friday, 3pm – 6pm.	Specific Covid-19 advice https://www.refuge.org.uk/covid19-survivor-tips/

Women	Anah Project	https://www.anahproject.org/what-we-do/	08459 60 60 11 Email: help@anahproject.org	Help, advice & support. Accept self-referrals as well as referrals from agencies. Those looking for a bed at the refuge are either given a space, or if no space is available, are referred to alternative suitable support services.	
Men	Respect	https://mensadviceline.org.uk/contact-us/	Mon & Wed 9am-8pm Tues, Thurs, Fri 9am-5pm 0808 801 0327		
	Bradford Survive & Thrive (part of Staying Put)		Mon to Fri 9am-5pm 0808 2800 999	“One Front Door” with a dedicated & specialist team. Providing early intervention & prevention, specialist work with children & young people, recovery & confidence building and packages of practical & emotional support, and access to high quality crisis support, accommodation & housing. Families struggling with abuse will receive help for parents, carers, children and young people.	
Women & Girls	Bradford Rape Crisis & Sexual Abuse Service	https://bradfordrapecrisis.org.uk/index.php	Call: 01274 308 270 Text: 07435 752975 Email: contactus@brcg.org.uk	Support women & girls who have experienced sexual violence at any time in their lives.	No face-to-face work at the moment. Online services inc live chat, self-help resources, continued support for existing service users, helpline is still open, Rape Crisis England and Wales have a webpage about the Coronavirus and support for survivors https://rapecrisis.org.uk/get-help/coronavirus
	Domestic Violence Services (Keighley)	https://keighleydvs.wordpress.com/	Number is for Staying Put 01535 210999	Crisis intervention & outreach, Eastern European CI & OS worker, specialist male victim support worker, Independent Domestic Violence Advocate, Freedom Programme for victims & survivors, Bradford Maze self referral for perpetrators.	
	Men Standing Up	http://www.bradfordcyrenians.org.uk/men-standing-up/	Freephone 0300 3030167	Help & support for men or someone you know suffering from domestic abuse	
	Safe Lives	https://safelives.org.uk/news-views/domestic-abuse-and-covid-19			Mainly a site for research and policy making but have a section on DV advice during Covid-19