


To get involved in  as a volunteer, or if you would like a befriender, contact:

**Samsor**

on

**07507 763573**



Health Action Local Engagement  
*Healthy Living Project*

HALE is a health charity based in Bradford. We work with local communities to improve people's health and wellbeing.

1 Westgate, Shipley

BD18 3QX

**01274 271 088**

[info@haleproject.org.uk](mailto:info@haleproject.org.uk)

[www.haleproject.org.uk](http://www.haleproject.org.uk)



**LOTTERY FUNDED**



**We Enable Active Volunteers**

**Bringing together  
Refugees and Asylum  
Seekers and those  
interested in  
volunteering**





## What is WEAVE?

WEAVE is a project which supports Refugees and Asylum Seekers to volunteer as peer mentors or befrienders to other people in a similar situation.

## What we offer

- Regular gatherings
- Ongoing support
- Training
- Guidance

## What you gain

- Confidence
- Experience
- Friends
- Feel more involved in your community
- Opportunities to practice your language skills