



HALE

Health Action Local Engagement
Healthy Living Project

HALE's Social Prescribing Service — Case Study

*Mr and Mrs Henry, an elderly couple were referred into HALE's Social Prescribing Program by their GP. Both the couple suffered with mobility issues and other long term health issues.

HALE's Social Prescriber visited Mr and Mrs Henry in their own home. The couple explained they'd had damp in their living room for over 5 years and how this was affecting both their emotional health and in particular Mrs Henry's physical health. Due to Mrs Henry's mobility issue she spent most of her day at home, in the living room. Mrs Henry suffered with asthma and the damp was affecting her breathing. She noticed her asthma attacks were becoming more frequent as the damp progressed.

The couple were living in rented accommodation which was rented through a Housing Association. Mr and Mrs Henry had reported the damp problem to the Housing Association several occasions over the last 5 years but nothing had been done about it.

HALE's Social Prescriber contacted the housing association on Mr and Mrs Henry's behalf. After several persistent emails to the repair centre manager, HALE's Social Prescriber received a phone call from Mr and Mrs Henry to say that a contractor / surveyor had finally arranged to come out and assess their situation. The work commenced shortly after the assessment took place to start erecting the structural faults. Once the repairs had taken place, the Social Prescriber also arranged for Mr and Mrs Henry's living room to be redecorated.

It has been a month since the repairs had taken place, and there is no sign of the damp coming through. Mr and Mrs Henry are very pleased with service that has been provided by HALE's Social Prescriber.

Mrs Henry stated;

"The Social Prescriber advocated on our behalf which relieved the pressure. The Social Prescriber was very persistent in dealing with the damp issue, I just didn't have the energy to deal with the situation. Chasing up the Housing Association was exhausting; I was not able to get a straight answer from them.

I used to dread, when guests would come round to the flat, the first thing that they would notice is the damp on the living room wall, now that the damp has been repaired and the living room has been redecorated. I feel more confident in, inviting friends round. I am very pleased with the HALE Social prescribing service."

**Name have been changed the protect identity*

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