

ShIPLEY Area Links Advocacy Service

The Advocacy and Befriending services are a partnership project between The HALE Project and Shipley & Bingley Voluntary Services. For more information please see our Befriending leaflet.

What people who accessed the Advocacy service have said:

“I felt empowered in the meeting, knowing someone was there for me”

“You have been patient, you’re not in my face pushing me like some people do”



To speak to a Citizen Advocate, or for more information about the service, contact:

**Baildon, Shipley, Windhill,
Wrose, Nab Wood and
Frizinghall**

Helen Jillings

HALE
1 Westgate
Shipley
BD18 3QX



Tel: 01274 271088
Mobile: 07507 763593
Email:
helen.jillings@haleproject.org.uk
Website: www.haleproject.org.uk

**Bingley & Bingley rural,
Crossflatts, Cottingley,
Eldwick, Gilstead and
Cullingworth**

Shahleen Shaha

SBVS
Cardigan House,
Ferncliffe Road,
Bingley, BD16 2TA



Tel: 01274 781222
Mobile: 07938380548
Email: shahleen@sbvs.org.uk
Website: www.sbvs.org.uk

Advocacy

**Reaching out to
empower older people
to maintain
independence**



Charity No. 1123542



Charity No. 1070852

Who is it for?

The Advocacy service works in the Shipley and Bingley areas, with individuals aged 50 and above and who access the Shipley Area Links Befriending service.

The Advocacy service is for people who want to voice their interests because they feel they are not being listened to; lack confidence, or don't have the right information to help themselves.



“You have spent time with me and I can speak to you openly”

What is Citizen Advocacy?

Citizen Advocacy is an equal partnership between two people: an Advocate and a person who may need advocacy support.

Advocacy can support you to explore options around different issues such as **housing, health, social care, finance or accessing activities in your local community.**

We can attend meetings with you or simply **provide you with information** about different services. Issues can vary based on your circumstances.

“Thank you so much. I have got so much done and I couldn't do it without you.”

Advocacy is flexible and promotes individual choices and decision making.

Our Aim

Through the Citizen Advocacy service we aim to enable you to:

Access new services, information and **resources.**

Enable you to feel **independent, empowered** and confident.

This service is FREE



What's the next step?

We are able to meet you to plan and discuss what you would like from the service. Our contact details can be found overleaf.